

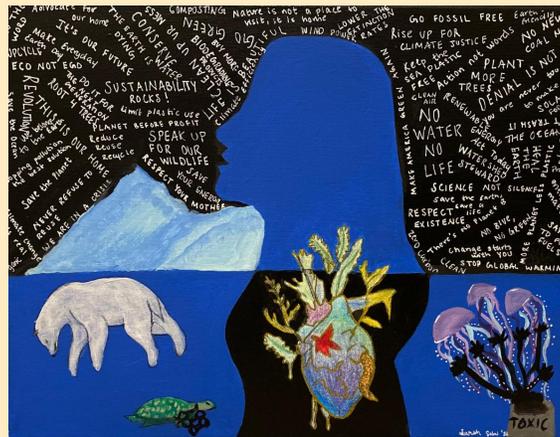
LandHealth Institute Newsletter, Vol. 7

Become a member today!

Join us today to become a part of LandHealth's family! Together we can put nature back and help revitalize the precious layers of our biosphere. Come participate in our weekly nature walks, exhilarating canoe trips, and fun bike rides! Our new membership plans offer exciting benefits from scenic nature events to free customized t-shirts! Find the best plan for you on our [website](#).

LandHealth Native Plant Nursery

Visit our nursery at 4862 Parkside Avenue where we are continuing to grow and sell native plants! Make an appointment to stop by and pick out one of our many plants. You can book an appointment by calling (267) 275-5750. Find **us online** to search for seasonal plants along with a variety of native plants best suited for you!



The Stewards have been working diligently in hybrid mode during the fall portion of the PWS Program. They have expanded their knowledge about PA Audubon by visiting The Discovery Center where they observe bird migratory patterns while studying the importance of mussels through hands-on work. Stewards have participated in many of our nature walks, some of which were at Cobbs Creek, Haddington Woods, and Whitby Avenue Meadow. These walks allowed them to start a natural resource inventory for its upcoming restoration project. Many of our Stewards have been involved with the program since May - where they've been meeting once per week in after-school sessions. Since being a part of the program, they have started to reflect on the

importance of PWS in their lives by participating in The Philadelphia Writing Project Panel and writing/creating artwork for the newsletter! Stewards are looking forward to getting more involved in upcoming in-person events such as The Brandywine River Canoeing trip and Neighborhood Bike Works rides around the city with a chance to grab native plants from LHI Nursery and tote bags!

A Day In The Nursery With Michelle



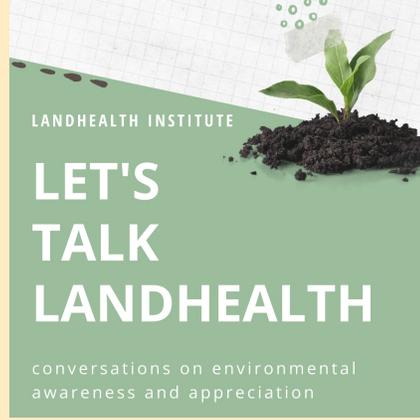
My name is Michelle Ni. I'm a sophomore at Drexel University studying biomedical engineering! My role with LandHealth involves education and engagement at the nursery. At the nursery, I've been working closely with Steve to make sure that the plants we grow are ready to either be sold or planted in our demo gardens/meadows. These gardens and meadows are observed closely at the nursery to demonstrate how they would grow in the wild. As of now, we are currently preparing for winter by moving plants into the warm and shade house. So far while working at the nursery, I've learned that plants need a lot more water than I would have ever expected. It's very tedious work, but I make sure to water every single pot in order for the plants to thrive. Personally, I am really excited to work with different local organizations to bring nature into the city! I was eager to choose this position because the mission that LandHealth is trying to achieve is something that I really want to be a part of. I want to be a part of the mission to "put nature back" in the city. I would love to walk by a big patch of greenery surrounded by city life and think "I made that happen." During my time here, I would also like to involve myself more within the Philadelphia community and familiarize myself with the local area - since I am not from here.



Keep an eye out for our weekly bike ride events in our weekly newsletters! You can sign up for these events using the links in your email. They will be held every Wednesday at 4 PM.

Tune in every Thursday from 6:30-7:30 to discuss issues in our environment and urban ecology!

Listen to our latest podcast [here](#)
Passcode: 833#P&PJ



Fall Bike & Plants Sale

Neighborhood Bike Works

Saturday, October 24

12:00 - 4:00 PM

Check out Neighborhood Bike Works'
[website](#) to stay updated on future events
and receive their newsletters!

[About Us](#)

