



## *The Week Ahead*

### ***Upcoming Events: WeWalk Wonderwalk Series***

LandHealth Institute and **Audubon Mid-Atlantic** Present: Urban-Eco Wonder Walks - Showcasing the largely hidden wonders of Philly's natural areas! We invite you to fun, entertaining, and educational walks across Philadelphia and other compelling, other-worldly nooks hidden within our city's green areas.



RSVP and more information for our upcoming walks:

**[Varied Terrains of the Wissahickon 10/06](#)**

**[Under the Viaduct: Spontaneous Nature in the City 10/13](#)**

Already registered for a walk but can't make it? Please notify Scott Quitel at **[scott@landhealthinstitute.org](mailto:scott@landhealthinstitute.org)** or (215) 802-7648

### ***Farmer's Markets***

Come visit us next month on Saturday, October 23 (10/23) at **Fitler Square Farmers Market** (23rd and Pine St)! We'll be here from 9AM - 2PM selling our native plants from our Plant Nursery and LandHealth Institute T-shirts. This is the last date that we will be selling at outdoor markets, so mark your calendars and we hope to see you there! Find more info about our Nursery **[here](#)**.



### ***Walk with a Doc***

**Audubon Mid-Atlantic** is excited to host its first DNCR "Walk with a Doc" event along the Cobbs Creek Trail on Saturday, October 2 at 10AM! This doctor-led walking event is a fun, free, safe place to get some steps, learn about health, and

meet new friends. Join Audubon as we advance wellness through nature! Learn more & register [here!](#)



## ***Cobbs Creek Trail Cleanup***

Help us clean up the Cobbs Creek Trail along with the Cobbs Creek Trail Ambassadors!

Gloves, trash bags, grabbers, & snacks will be provided.

Location: Cobbs Creek Trail Cleanup - Cobbs Environmental Center (Cobbs Creek Pkwy & Catherine St Philadelphia PA 19142)

Date: Saturday, October 30, 2021

Time: 9am-12pm

Register and more information [HERE!](#)



**GLOVES, BAGS, MASKS, & TRASH GRABBERS PROVIDED**

### Cobbs Creek Trail Cleanups

Hosted by Cobbs Creek Ambassadors

**2 Cleanups to choose from, both 9am-12pm!**

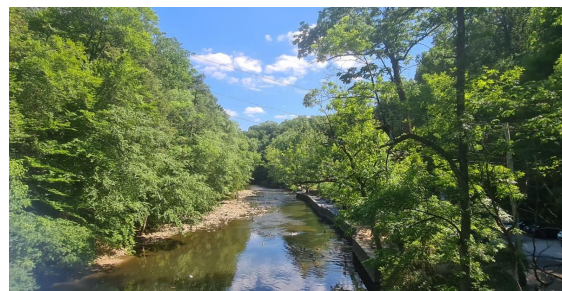
- **Sat Oct 23rd at Cobbs Creek Parkway and Woodland Ave (Blue Bell Inn)**
  - Contact Rich at RichGuffanti@yahoo.com or call (215-471-8844)
  - Water, snacks & refreshments will be available
- **Sat Oct 30th at Cobbs Creek Parkway and Catherine Street (Cobbs Environmental Center)**
  - Contact Larry at larrycobbscreek@gmail.com or (267) 289-2168
  - Bring boots or waders if you have them

**Everyone is welcome, tell your friends & neighbors**

## ***Podcast Archive***

Interested in learning more about LandHealth Institute, urban ecology, and the city of Philadelphia? Check out our podcast episodes [here](#) where Scott Quitel covers a variety of topics on the shows *Let's Talk LandHealth* and *Ecosystem of the Mind*. Click the link to find and listen to all of the past episodes.



Interested in supporting LandHealth? We welcome you to do that [here!](#) For information on LandHealth membership, please visit us [here!](#)



