

The Week Ahead

Upcoming Events: WeWalk Wonderwalk Series

LandHealth Institute, Audubon Mid-Atlantic and Fairmount Park
Conservancy Present: Urban-Eco
Wonder Walks - Showcasing the
largely hidden wonders of Philly's
natural areas! We invite you to fun,
entertaining, and educational walks
across Philadelphia and other
compelling, other-worldly nooks
hidden within our city's green areas.



RSVP and more information for our upcoming walks:

Piers and Peninsulas of the Delaware 9/29
Varied Terrains of the Wissahickon 10/06
Under the Viaduct: Spontaneous Nature in the City 10/13

Walk with a Doc

Audubon Mid-Atlantic is excited to host its first DNCR "Walk with a Doc" event along the Cobbs Creek Trail on Saturday, October 2 at 10AM! This doctor-led walking event is a fun, free, safe place to get some steps, learn about health, and meet new friends. Join Audubon as we advance wellness through nature! Learn more & register here!



Farmer's Markets

Come visit us next month on Saturday, October 23 (10/23) at **Fitler Square Farmers Market** (23rd and Pine St)! We'll be here from 9AM - 2PM selling our native plants from our Plant Nursery and LandHealth Institute T-shirts. This is the last date that we will be selling at outdoor markets, so mark your calendars and we hope to see you there! Find more info about our Nursery **here**.



Riverways Youth Exchange

Riverways, a coalition of nonprofit organizations engaged with the urban waterways of Philadelphia and Camden, leverages shared resources to improve safe community access and programming that inspires youth to be a catalyst for greater awareness, use and stewardship of this vital natural resource.



Podcast Archive

Interested in learning more about LandHealth Institute, urban ecology, and the city of Philadelphia? Check out our podcast episodes **here** where Scott Quitel covers a variety of topics on the shows Let's Talk LandHealth and Ecosystem of the Mind. Click the link to find and listen to all of the past episodes.



Interested in supporting LandHealth? We welcome you to do that here!
For information on LandHealth membership, please visit us here!





