

## August 22 2021 | Summer Issue



RSVP

### Upcoming Events and Eco-Wonderwalks:

#### Varied Terrain of the Wissahickon

Starting from our meeting spot, at the base of the valley, we'll head up the forested gorge to the open natural area known as Houston Meadow. Discover where a suspension bridge from Roxborough across the gorge to Chestnut Hill was planned but never built. Head down along Cathedral Run, across the Wissahickon, up the other side of the gorge, and to the schist barren.

**Location:** Meet at Forbidden Drive & Bells Mill Road

**Date/Time:** Wednesday, 8/25/2021, 5:30-7:30 pm

All Urban-Eco Wonderwalks are led by Scott Quitel, the Founder of LandHealth Institute.



### Updates from LandHealth's Native Plant Nursery

LandHealth's nursery is continuing our plant sales at the [Food Trust's Fidler Square location](#) in Center City. The Food Trust's mission is to make fresh food available to city residents, especially in neighborhoods where access to healthy food is limited. At the peak of the summer season, the Food Trust operates at twenty locations throughout the city. LandHealth will bring locally-grown native perennial plants to the Fidler Square market on **Saturday 8/28 from 9 am-2pm**. Please stop by!

In addition, LandHealth will also be selling plants at the **East Parkside market on Thursday 8/26 and Thursday 9/9 from 2 pm -5 pm**.

**Neighborhood Bike Works 9/11 12-4)**

For the latest information on what's currently growing at the Nursery and/or to make an appointment to visit, check out LandHealth's [Nursery page!](#)

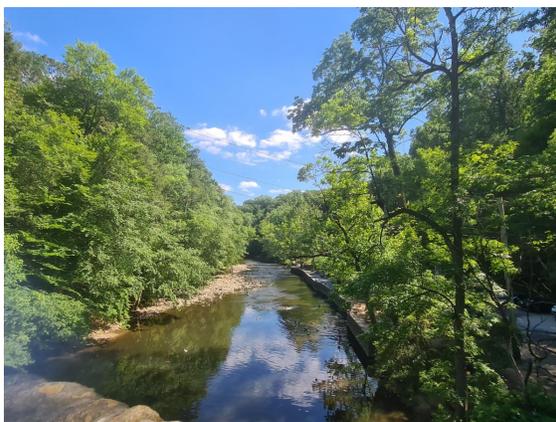
In accordance with the CDC COVID-19 guidelines, please bring your own mask.



### Become a Member Today!

All Urban EcoWalks are free for LandHealth members, who also receive exclusive merch: tees, plants from our native plant nursery, custom art, landscaping, and unlimited free EcoWalks!

Register for this week's Urban Eco WonderWalk walks and become a member [HERE](#).



### New on the Blog: What's in a Healthy River Ecosystem?

What factors determine the health of a river or creek? Do you know if your home has a healthy river ecosystem? There is more to look at than sight alone to



### LandHealth's SEPTA Lot Project Update

Many years ago, this lot served as a bustling stopping point for the city's bus drivers, but it has been abandoned and steadily filled with trash and refuse in the past decades. In the late spring of 2021, LandHealth began planning to reverse the years of neglect that the site had faced just outside of our doorstep. After over a hundred hours of hard work and dedication, the volunteers at LandHealth were able to clean this lot and fill it with over a dozen of native plant species. All of the wood used for this project is locally recycled pallet wood that had been left to rot in the urban landscape. The mural on the bathroom wall reflects this community's ecology and the people who reside within it. While this project is small, it is part of the larger goal to ensure a healthy and native nature is available for all to use.

conclude if a water source is healthy for sustaining life. We rely on water every day, and knowing how we interact with the environment around us is a key part in protecting our water.

Read the full blog post, "What's in a Healthy River Ecosystem?" on our [blog page](#) Monday!

Missed last week's blog? Read how asphalt contributes to urban heat island and how we can reduce it [here!](#)



### Partner Highlight - United By Blue

[United By Blue](#) is a clothing store in Philadelphia focused on sustainability. For every product purchased from their store, United by Blue removes one pound of trash from oceans and waterways. .... From 9AM – 12PM EDT on Saturday, August 21, 2021, United By Blue, the Philadelphia Water Department, the Academy of Natural Sciences, and community partners came out for a Community Cleanup of Cobbs Creek! Together with volunteers, we picked up trash before it had the chance to enter the creek and flow into the Delaware River, where it is harder to recover and a greater threat to wildlife! All cleanup supplies were provided by United By Blue, including gloves, bags, and safety materials.



### Program for Future Environmental Scientists and Stewards (ProFESS) Updates

**The ProFESS program is in its 10th and final week! A graduation ceremony will be held sometime within the next two weeks for all students, stay tuned for updates in our weekly newsletters!**

During the past few weeks, ProFESS stewards had the opportunity to visit the [Stroud Water Research Center](#) to learn more about signs of a healthy watershed. The students spent the afternoon exploring the stream and collecting macroinvertebrates. They worked together to identify each macroinvertebrate and score the health of the creek. The stewards also participated in a cleanup event at Cobbs Creek in partnership with [MobilizeGreen](#). The groups of high school students worked together to pick up trash in an effort to reduce the amount of litter that ends up in our waterways.

ProFESS, formerly the Philadelphia Watershed Stewardship (PWS) program and now in its fifth year, was created to empower rising 9th-12th grade students in Philadelphia to become environmental scientists and stewards... change-makers, advocates for a better world



through natural history, urban ecology, and watershed health.

ProFESS students meet every Wednesday over the course of ten weeks, from **June 23 - August 25**.

The current program schedule is :

**10:00 AM-12:00 PM**

NorthEast Philly Watersheds  
(Poquessing, Pennypack, and  
Tacony/Frankford)

**12:30-2:30 PM**

Delaware Estuary and Cobb's Creek

**3:00-5:00 PM**

Wissahickon and Non-tidal Schuylkill

### Help Put Nature Back

We are grateful for all of you who support LandHealth Institute's core work in ecological restoration, land revitalization, and immersive environmental education. New merch is on the way!

Donate

Thank you for supporting LandHealth Institute!

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<https://www.landhealthinstitute.org/>

