
"Put Nature Back. Restore Connections."

Highlights

LandHealth wants to wish you a happy, healthy New Year!

Together, let's continue to Put Nature Back in 2023.

ProFESS is coming back for its 9th season.
(see below)

Welcome Antonis Asprakis, our new Executive Director!

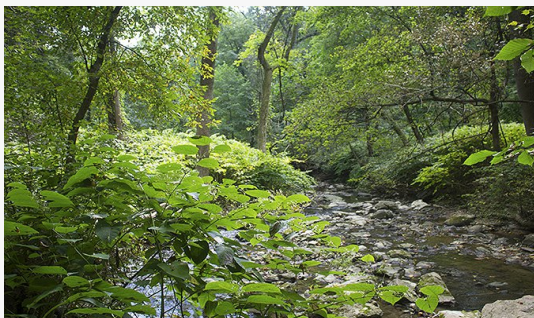


Antonis Asprakis Is Our New Executive Director

Antonis is a longtime resident of West Philadelphia, and he comes to LandHealth with over 20 years of experience in strategic planning and operations management at Drexel University.

We are so excited for him to be on our team and we are looking forward to his future at LandHealth.

New Cobbs Creek Trail Signs



Coming Soon: New Cobbs Creek Trail Signs

Next time you are in Cobbs Creek, keep an eye out for new trail signs, with helpful information on native plants and animals, as well as new directional signs with key points of interest. LandHealth provided guidance on hyper-native plant and wildlife species for the Cobbs Creek area, and we provided many of the photos you will see on the new

signs, as well as many of the plants used in the restoration of this area. To learn more about the natural environment of the Whitby Meadows section of Cobbs Creek, check out our recent [*Natural Resources Inventory \(NRI\) report*](#).

Nursery Updates

The plants in the Nursery are being taken care of and protected by Steve, our Nursery Director.

He has been covering the plants with frost cloths and doing a lot of weeding. Steve is also getting ready to sell some of the plants to home owners this spring. He is also getting the plants ready for a project this spring which will involve planting at Sister Cities Park for the Center City District, a community park at Cook Elementary in Logan, and other projects.



The **#plantoftheweek** is Liverwort. Liverwort is an interesting type of plant that can be confused with mosses. Like mosses, liverworts have no vascular system (the veins of familiar flowering plants), and they reproduce by spores. There are thousands of species of liverworts all over the world. A few specialize in making their home in nurseries and greenhouses. Though liverworts are very interesting plants with an unearthly look, some species can also be a nuisance in a greenhouse. At LandHealth all of our weeding is done by hand and we don't use any chemical herbicides to take care of the weeds.

Our plant experts can run a **nursery tour** of LandHealth's native plant nursery located at 4862 W. Parkside Ave. Philadelphia, PA. Let us know if you're interested in one by emailing steve@landhealthinstitute.org.

Want helpful tips for your native plants? Email info@landhealthinstitute.org!

Nursery

Cobbs Creek Recreation Center



Changes are coming to the Cobbs Creek Recreation Center!

As announced on the Fairmount Park Conservancy website:

"Fairmount Park Conservancy has been selected as the rebuild project User for the Philadelphia Parks and Recreation owned sites of Johnny Center and the Cobbs Creek Environmental Center. As the Project User, FPC is tasked with community engagement, design, and construction of capital improvements to

both properties."

Visit the [Rebuild site](#) for more information.

The LandHealth Nursery will be providing locally grown native plants for the improvements to the Recreation Center.

If you or your organization/company are interested in partnering with LandHealth in **volunteer, community-building, or funding opportunities**, please contact us at info@landhealthinstitute.org

Park in a Truck

The Park in a Truck Program is coming back this spring!

Park in a Truck is a program sponsored by the Landscape Architecture Department at Jefferson University, which supports community creation of green spaces. LandHealth supports Park in a Truck through our demonstration community garden at our nursery in West Philadelphia. To learn more information visit this link. If your community group is interested in participating, contact:

parkinatruck@jefferson.edu



ProFESS



ProFESS is back for its 9th season!

ProFess is an after school program designed to provide students with interdisciplinary, immersive, hands-on exposure to the natural and built environment. For more information please

email info@landhealthinstitute.org

Become a Member Today!



By becoming a member you get premium access to all of our events! All Urban-Eco WonderWalks are free for LandHealth members, who also receive exclusive merch: tees, plants from our native plant nursery, custom art, and landscaping!

*Membership is valid for one year and can be renewed annually, please email info@landhealthinstitute.org with any questions!

[Learn More & Become a Member!](#)

Thank you for supporting LandHealth Institute!

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