



PUTTING NATURE BACK



LET'S TALK LAND HEALTH

JOIN US EVERY WEEK!

WEEKLY SERIES OF
INTERACTIVE
PODCASTS WITH
ISSUES RANGING
ACROSS ALL AREAS
OF THE EXTERNAL
ENVIRONMENT AND
URBAN ECOLOGY

LANDHEALTH INSTITUTE

Missed our past episodes? You can now tune in to *Let's Talk Land Health* wherever you are on your favorite platforms!

Be sure to follow us on [SoundCloud](#) and [Spotify](#) to keep up with our latest podcasts.

Upcoming

Monarchs and Pigeons: Harbingers of Mass Extinction

Thursday, July 9th

6:30 pm - 7:30 pm

Tune in to learn all about the past extinction of the passenger pigeon throughout the US/North America and the present threat of extinction of the monarch butterfly and the global implications of each.

[Register to Learn More](#)

LandHealth Institute Survey



Your feedback allows us to improve and evolve our organization while identifying the needs of our supporters. Please share your thoughts and opinions with us by taking our brief survey linked below. Thank you!

[We want to hear from you!](#)

What's Going on at Our Nursery?



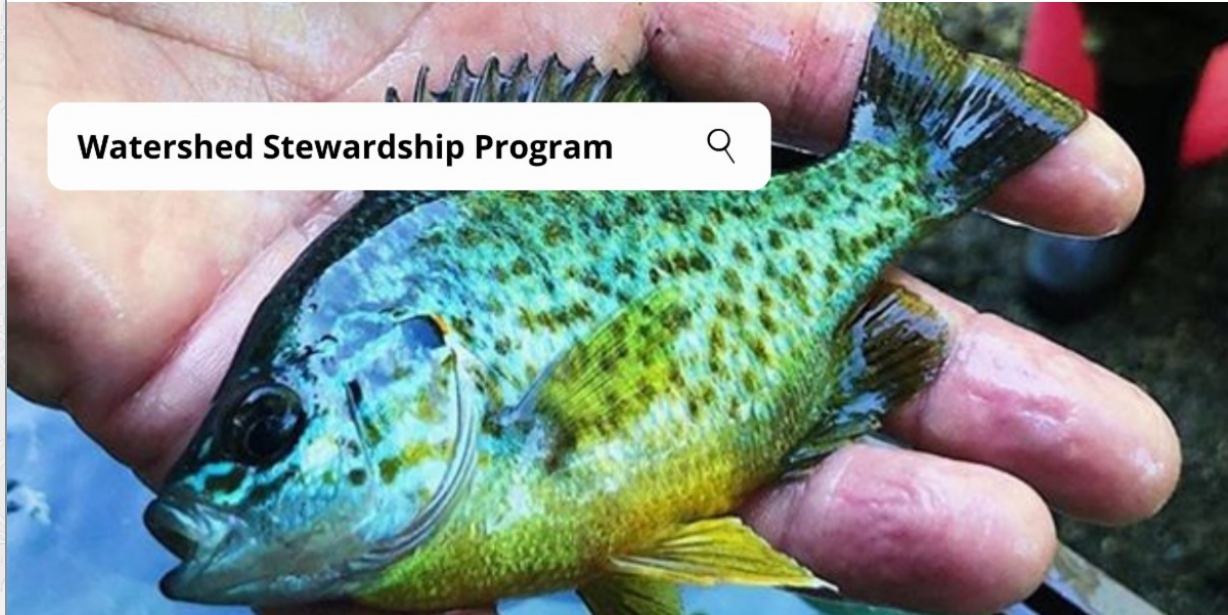
Look at these Phlox Paniculata growing at our nursery right now!

Phlox Paniculata, also known as Garden Phlox, is a flower native to the eastern and central United States and eastern Canada. They feature fragrant, tubular,

pink-purple to white florets. Garden Phlox typically grow up to 4 feet tall. The flower mixes well with other perennials and provides a long summer bloom.

You can add native plants, like the **Phlox Paniculata**, to your own garden! Click the link below to learn about the large variety of native species we offer at our nursery and how you can get some too!

<https://www.landhealthinstitute.org/nursery>



Philadelphia Watershed Stewardship Updates

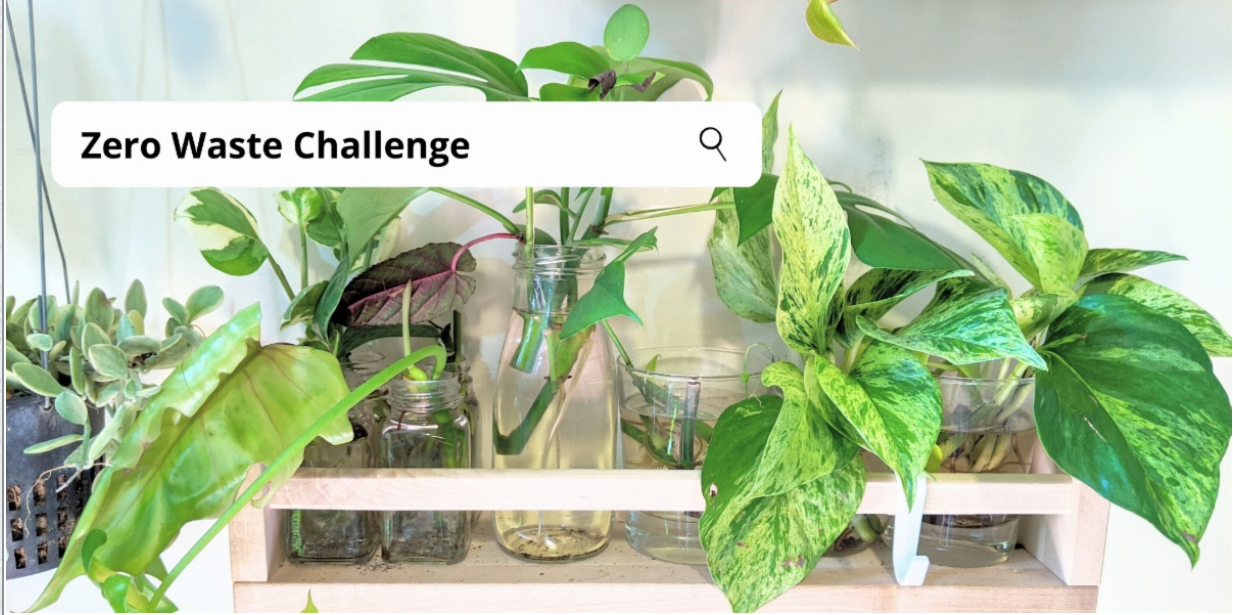
This week is the sixth week of the Philadelphia Watershed Stewardship Program! This week they will learn about drinking water and water scarcity. To introduce the topic of drinking water, they will learn about the Safe Drinking Water Act. The Safe Drinking Water Act, or the SDWA, was originally passed by Congress in 1974 to protect public health by regulating the nation's public drinking water supply. The law was amended in 1986 and 1996 and requires many actions to protect drinking water and its sources—rivers, lakes, reservoirs, springs, and ground water wells. They will also learn all about the water treatment process, flocculation, and what an intake lagoon is!



Looking to learn more?:

www.landhealthinstitute.org/watershedstewardship

Zero Waste Challenge



Zero waste is all about reducing what ends up in our landfills as much as possible. The goal is to reduce, reuse, and recycle as much as we can! There are so many sustainable choices you can add to your lifestyle that contribute to the creation of a greener planet. Try limiting the amount of waste you produce by following our weekly zero waste tips. Use our Zero Waste Challenge checklist to track your zero waste achievements for this month!

This Week's Challenge: **switch from single-use napkins to cloth napkins**

Cloth napkins are a great alternative to single-use napkins. Cloth napkins are more eco-friendly than single use napkins because they can be reused and you can down cycle them. Cloth napkins are a one time, up front expense helping you save money, and the planet, all at once!

Download your checklist [here!](#)

