



PUTTING NATURE BACK



LET'S TALK
LAND HEALTH

JOIN US EVERY WEEK!

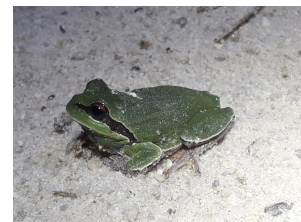
LANDHEALTH'S WEEKLY
INTERACTIVE PODCAST
STARRING URBAN ECOLOGY
AND THE ENVIRONMENT

LANDHEALTH INSTITUTE

Wilderness: The Great Elixir

Thursday, August 27th
6:30 pm - 7:30 pm

When was the last time you found yourself in the real wilderness? Have you ever experienced it? Where is wilderness? Why is it of the highest essence?



[Click Here for More Details](#)

Missed our last [podcast?](#)

Our Typically One-Way Relationship With Water

Follow us on [SoundCloud](#) and [Spotify](#)

What's Blooming at Our Nursery?



Learn more about the native species available now:

<https://www.landhealthinstitute.org/nursery>

info@landhealthinstitute.org

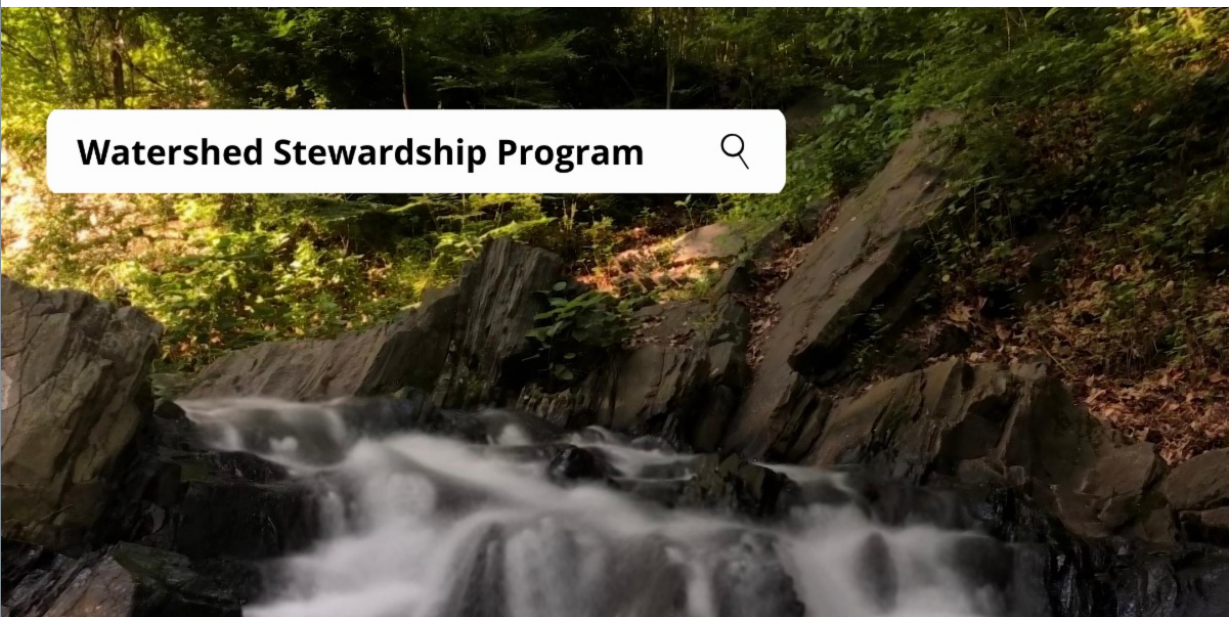
(267) 571-5750

Flower of the Week: Hibiscus Moscheutos

Hibiscus moscheutos, commonly known as hardy hibiscus or swamp rose mallow, is a vigorous, sturdy, rounded, somewhat shrubby, hairy-stemmed, woody-based perennial of the mallow family. Showy, dinner plate-sized, hollyhock-like flowers last only 1-2 days, but new flowers open each day in... [READ MORE](#)



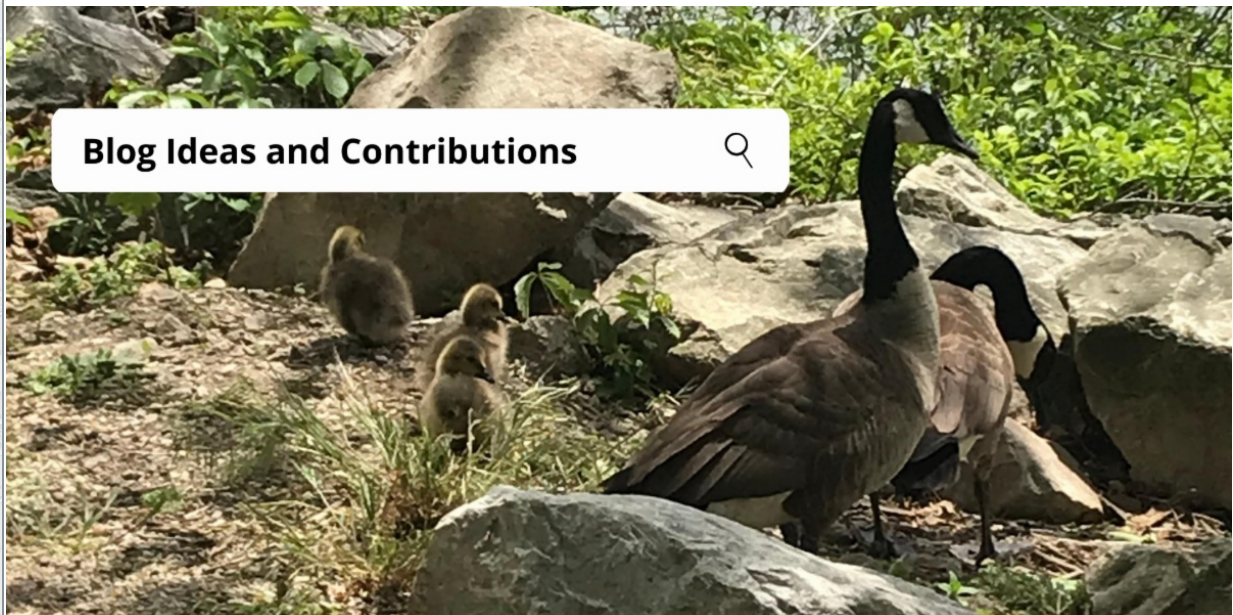
Watershed Stewardship Program



The Philadelphia Watershed Stewardship (PWS) program is a

citywide youth development initiative run by LandHealth in partnership with the Philadelphia Water Department to empower high school students in Philadelphia to become stewards of their environment.

We had a great time hosting our Philadelphia Watershed Stewards on a tour of the Glen Foerd Estate and grounds last week! The stewards kayaked along the Poquessing and Andalusia learning about how our natural ecosystems work first hand.



We are always looking for ideas and contributions for our [urban ecology blog](#) - email info@landhealthinstitute.org for more information!

Zero Waste Challenge



Zero waste means sharply reducing what ends up in our landfills, with a 'triple R' goal of Reduce/Re-use, Recycle. With so many sustainable choices you can make for a greener planet, we're here to help.... with the Zero Waste Weekly Challenge!

This Week: **Buying in bulk**

Food and packaging/containers account for almost 45% of the materials landfilled in the United States. A great way to limit food packaging waste is shopping in the bulk section. Bringing your own container or jar allows for a more reusable and eco-friendly shopping experience. Bulk bins are not the only way you can reduce packaging waste. When buying produce, opt for a reusable bag or no bag at all to limit waste!

Download your August Zero Waste Checklist [here!](#)

