



PUTTING NATURE BACK



LET'S TALK
LAND HEALTH

JOIN US EVERY WEEK!

LANDHEALTH'S WEEKLY
INTERACTIVE PODCAST
STARRING URBAN ECOLOGY
AND THE ENVIRONMENT

LANDHEALTH INSTITUTE

**Empathy Gone Extinct: Environmental
Injustice in Philadelphia, Part II**
Thursday, August 6th
6:30 pm - 7:30 pm



This week, we delve deeper into longstanding issues of environmental injustice and racism, prevalent throughout Philadelphia.

[Register Here!](#)

Missed last week's [podcast?](#)

[Empathy Gone Extinct: Environmental Injustice in Philadelphia](#)

Follow us on [SoundCloud](#) and [Spotify](#)

What's Blooming at Our Nursery?



Learn more about the native species available for purchase now:

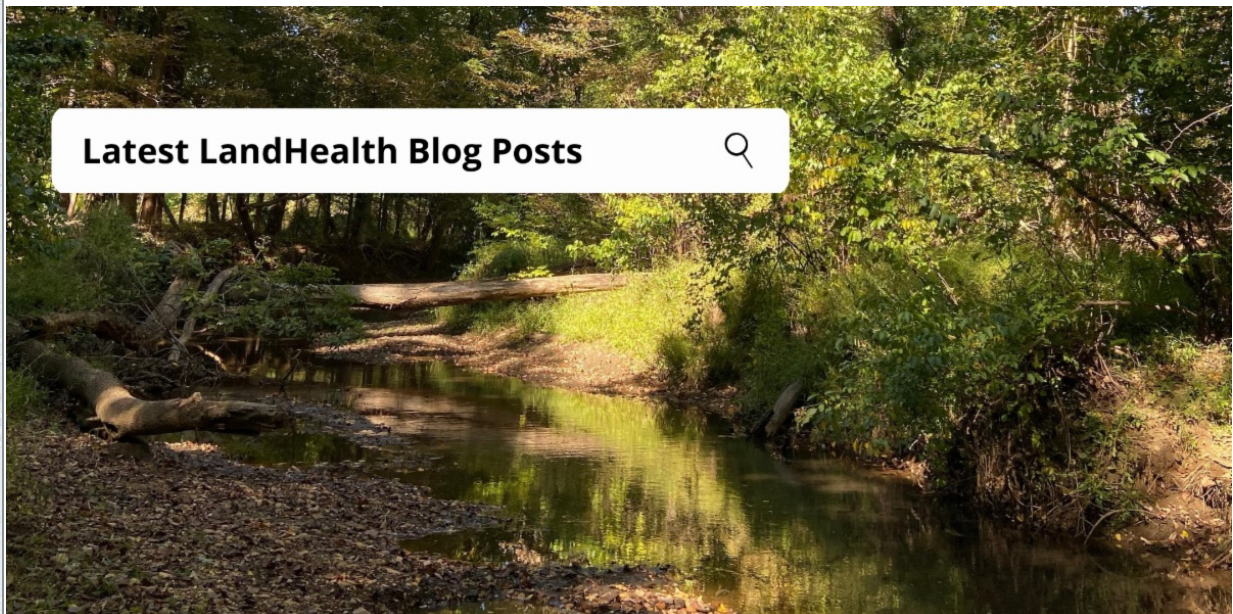
<https://www.landhealthinstitute.org/nursery>

Flower of the Week: *Echinacea Purpurea*

Echinacea purpurea, more commonly called purple coneflower, is a coarse, rough-hairy, herbaceous perennial. Showy daisy-like purple coneflowers bloom throughout with coarse, ovate to broad-lanceolate, dark green leaves. Good fresh cut or dried flower. The dead flower stems will remain erect well into the winter, and if... [READ MORE](#)

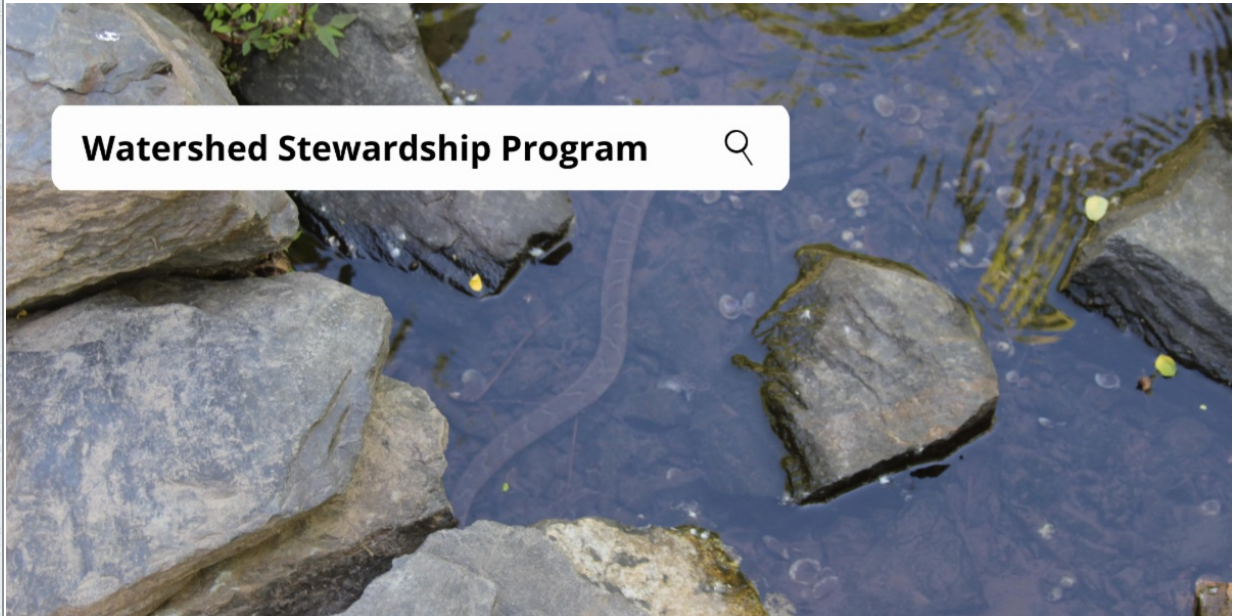


Latest LandHealth Blog Posts



[Environmental Effects of the Meat Industry](#)

Humans have been consuming meat for as long as we can remember. Initially, meat was consumed raw, and about 200,000 years ago, the first hearths were used. Meat was an essential component of diets up until the Agricultural Revolution when wheat and rice began to be... [READ MORE](#)



The Philadelphia Watershed Stewardship (PWS) program is a citywide youth development initiative run by LandHealth in partnership with the Philadelphia Water Department to empower high school students in Philadelphia to become stewards of their environment.

Up this week... native plants! Stewards will be taking a socially-distanced visit to LandHealth's own native plant nursery. Native plants serve a hugely important purpose within the Earth's ecosystem. Without native plants, native birds, bees, butterflies, and other insects would lack a vital food source. Choosing natives over exotic plants lead to functional and beautiful landscapes while supporting our local ecosystem.

[Learn more about the native plants LandHealth has to offer:
https://www.landhealthinstitute.org/nursery](https://www.landhealthinstitute.org/nursery)

Zero Waste Challenge



Zero waste is all about sharply reducing what ends up in our landfills, with a 'triple R' goal of reduce, reuse, recycle. With so many sustainable choices you can make for a greener planet, we're here to help.... we are back with the Zero Waste Weekly Challenge!

This Week's Challenge: **Start a compost pile**

Americans throw away, on average, 1.3 pounds of food scraps daily, yet just 8% of Americans routinely compost. Composting benefits the planet and is free and easy to do. Kitchen scraps will contribute the most to your compost pile, with food scraps like carrot peels and coffee grounds. Check out [this video](#) for more information on how you can start your own compost pile. Download your August Zero Waste Checklist [here!](#)

