



PUTTING NATURE BACK



LET'S TALK
LAND HEALTH

JOIN US EVERY WEEK!

LANDHEALTH'S WEEKLY
INTERACTIVE PODCAST
STARRING URBAN ECOLOGY
AND THE ENVIRONMENT

LANDHEALTH INSTITUTE

Our Typically One-Way Relationship With Water

Thursday, August 20th
6:30 pm - 7:30 pm



Water is a vital resource that is the basis for all life. While water provides us with so much, what do we give in return?

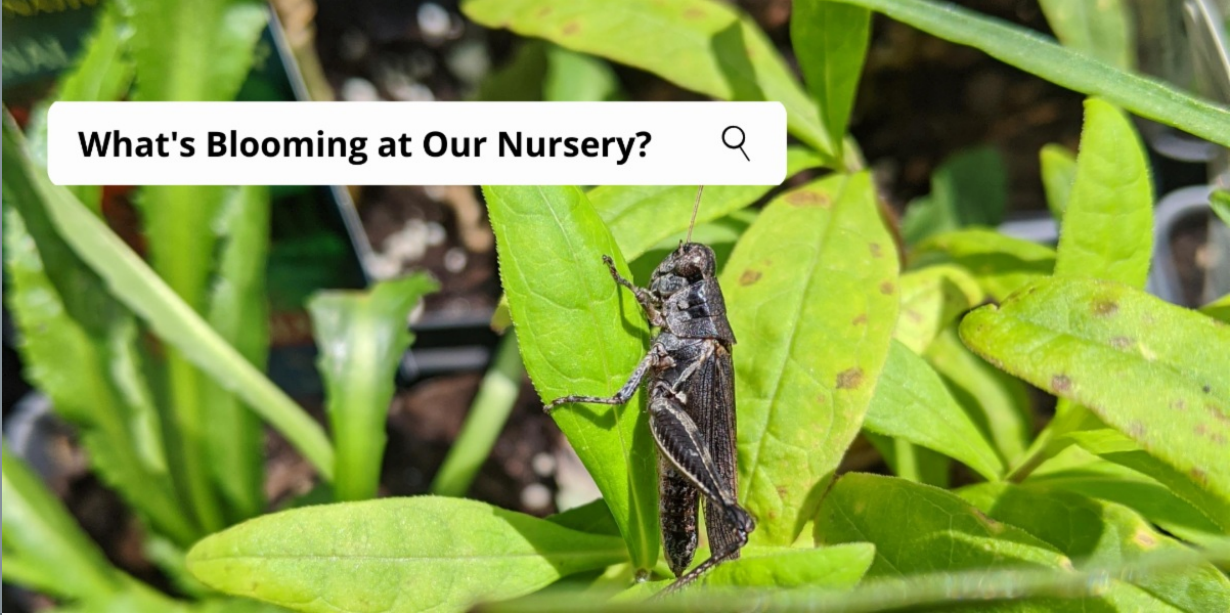
[Click Here for More Details](#)

Missed our last [podcast](#)?

Empathy Gone Extinct: Environmental Injustice in Philadelphia, Part II

Follow us on [SoundCloud](#) and [Spotify](#)

What's Blooming at Our Nursery?



Learn more about the native species available now:

<https://www.landhealthinstitute.org/nursery>

info@landhealthinstitute.org

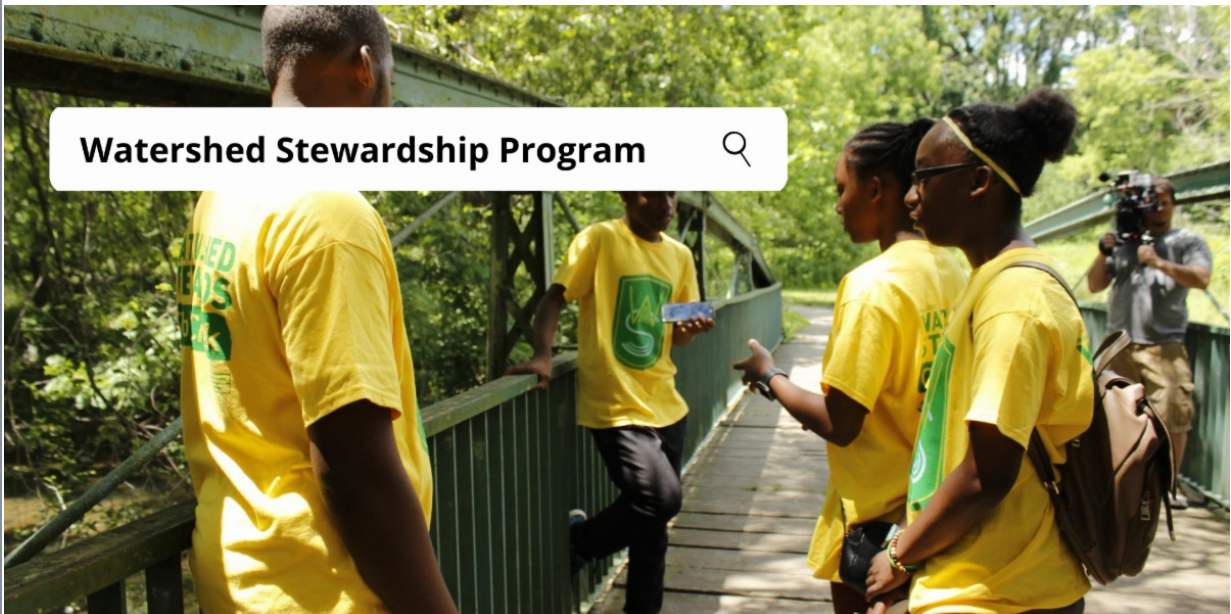
(267) 571-5750

Flower of the Week: Anemone Virginiana

A spring-blooming anemone, Anemone Virginia grows up to 2' tall (taller in the wild) and typically occurs in rocky or dry open woods or wooded slopes. Flowers feature five white, petal-like sepals and a thimble-like center mound of yellowish stamens. Flowers give way to... [READ MORE](#)



Watershed Stewardship Program



The Philadelphia Watershed Stewardship (PWS) program is a citywide youth development initiative

run by LandHealth in partnership with the Philadelphia Water Department to empower high school students in Philadelphia to become stewards of their environment.

Up this week, birds and their role in our waterways! Birds are very useful at identifying environmental health and can indicate diminishing habitat quality and pollution. One of the best ways to learn how our natural ecosystems work is by experiencing local waterways first hand. The stewards will do just this while they kayak along the beautiful Poquessing and Andalusia at [Glen Foerd](#).

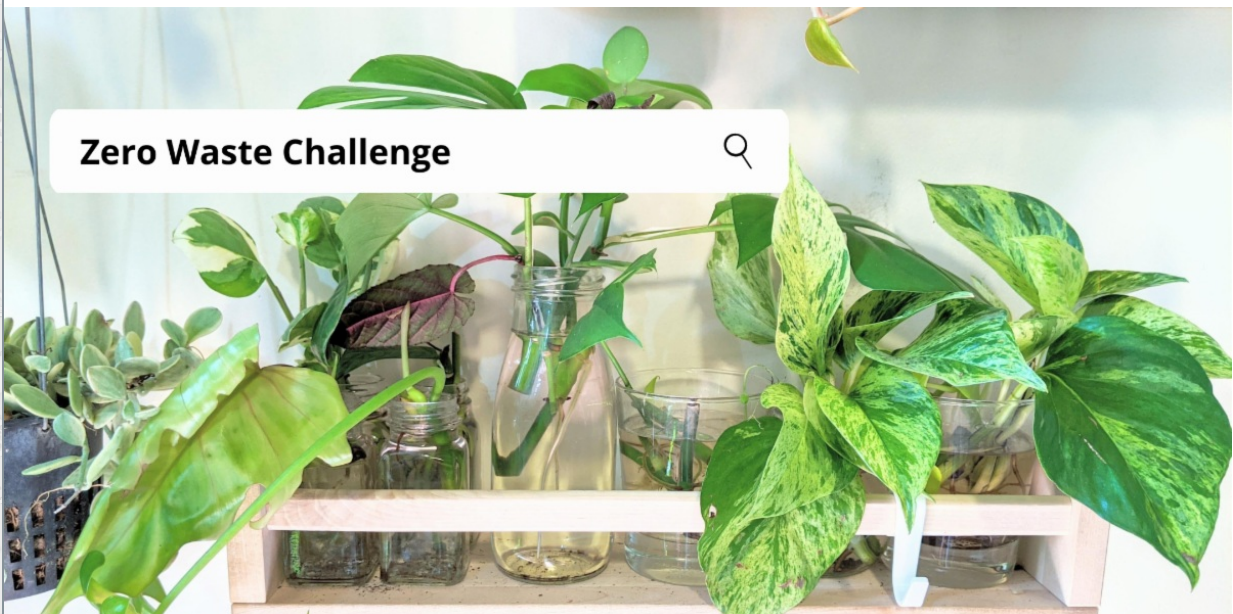


Blog Ideas and Contributions



We are always looking for ideas and contributions for our [urban ecology blog](#) - email info@landhealthinstitute.org for more information!

Zero Waste Challenge



Zero waste means sharply reducing what ends up in our landfills, with a 'triple

R' goal of Reduce/Re-use, Recycle. With so many sustainable choices you can make for a greener planet, we're here to help.... with the Zero Waste Weekly Challenge!

This Week: **Ditch plastic wrap**

Plastic wrap may be saving your sandwiches, but it sure isn't saving the planet. [The average family goes through 24 rolls of cling wrap per year!](#) Alternatives to cling wrap are not only better for the environment, they're cost-savers. A popular alternative to cling wrap is beeswax wrap. Beeswax wrap is sustainable, reusable, and biodegradable! You can find beeswax wrap on [Amazon](#) and other local retailers!

Download your August Zero Waste Checklist [here!](#)

